

# Home Grown

"A First Of Its Kind"

## The Seniors' Walking Games



**The Seniors' Walking Games™**

Hosted by:

St.Croix Hiking Association - VI Pace Runners

**Thanksgiving Weekend**

**Saturday - Nov. 24 & Sunday - Nov. 25 2018**

### 2 Days Walking Events

The senior walking competition will be fashioned to operate just as if it was a typical track and field meet, but without the running, for age groups (50's — 60's — 70's — 80's up).

#### **Day - 1**

St. Educational Complex Track / Field (subject to change)

Register: 7:30am Races: 8am-until ( 12pm-1pm)

Est. time: 5-6hrs.

#### **Day - 2**

Long Distant Trail Trek - This on-road and off-road trek will test the senior's ability to walk up and down hills.

#### **North-Side**

Cane Bay ( the loop: beach — west up the Bitch - east down the Beast - east back to Cane Bay Beach )

Register: 7:30 am Races: 8am — until ( 12pm-1pm) Est. time: 5-6hrs.

**Medals - Trophies - Gifts - Prizes - Fun**